

TE POU HERENGA WAKA
AMA INC.

GEORGE POMANA

Memorial Regatta

2026



An exhilarating 3-race event series held out on the Waimāhia / Manukau Harbour
The only W1 exclusive race event held in Tāmaki Makaurau!

Weymouth Road Boat Ramp, Manurewa

Saturday 18 July 2026

PANUI 3

EVENT SUMMARY

He mihi maioha ki a koutou katoa. Nau mai, haere mai ki te tautoko te kaupapa, kia whakanui tā tātou nei rangatira a George Pomana me tōna aroha mō ngā rangatahi me te hakinakina o waka ama. Te Pou Herenga Waka welcome you to join our GPMR 3-race W1 series event for 2026! This is an annual event that has been running since 2017 and is in memory of the club's founder, George Pomana – a waka ama enthusiast and champion of helping rangatahi reach their full potential. It is the only W1 exclusive event held in Tāmaki Makaurau out on the beautiful Waimāhia / Te Manukanuka o Hoturoa (Manukau Harbour).

The event is a full day of fun (competitive) racing, spot prizes, live music, food vendors and more... TPHW warmly welcomes everyone to come and test their paddling skills in the harbour – where you never know what you're gonna get!

EVENT SCHEDULE

Each event will follow the following event schedule

7.00am	Registration, waka drop off & safety checks
9.00am	Karakia
9.15am	Registration for Race #1 closes
9.30am	Race & safety briefings (Race #1)
10.00am	Racing start – Race #1 8km
	Registration opens for Race #2 & #3
11:30am	Race & safety briefing (Race #2 & #3)
12.00pm	Race start – Race #2 15km
12:30pm	Race start – Race #3 5km
1.30pm	Prizegiving for Race #1 8km & Race #3 5km
2.30pm	Prizegiving for Race #2 Spot prize draws
3:00pm	Closing Karakia

RACE SCHEDULE

Time	Race
9.30am	Race Briefing for Race #1
10.00am	Race Start #1 - W1 8km Junior
11.30am	Race Briefing for Race #2 & #3
12.00pm	Race Start #2 – W1 15km Competent Seniors only (16yrs +)
12.30pm	Race Start #3 – W1 5km (Intermediate / Novice race)

RACE DAY INFORMATION

Car Parking: Parking is available by street parking. Please note all parking is under Auckland Council management, you will need to read the signs and park accordingly.



Trailer parking: Trailer parking will be available in carpark – parking wardens will assist with drop offs. All other cars will need to park elsewhere for the day.



Food: We encourage you to bring your own healthy kai, however a small range of food vendors will be available onsite to purchase healthy kai. Paddler kai will be available from tent next to admin.

Toilets: Toilets are located in the main carpark – both male and female.

First Aid: First Aid will be available at the registration tent – please come see admin ladies.

Rubbish/Recycling: We encourage you to please take what you bring. However, there will be limited rubbish bins located in spectator viewing area.

Alcohol/Smokefree: Alcohol, smoking, vaping and any other substance use is not permitted at this event, including all premises of the event.

WAKA DROP OFF & SAFETY CHECKS

Waka Drop off:

- Waka drop off will be available from 7.00am on the event day
- Waka drop off will be on the beach front landing and will be clearly signed with entry & exit
- Trailer parking is up in the main carpark.

Safety Checks:

- **All waka will have to pass a safety check and be marked before racing.** Any waka not marked will not be permitted to race.

RACE RULES

All entrants must be familiar with the Waka Ama Aotearoa New Zealand race and safety rules. Refer to the following link for more information: [Waka Ama Aotearoa NZ Race Rules](#)

- **All Intermediate, Junior and Novice paddlers – must wear MNZ approved safety flotation device (PFD) for duration of entire race.**

AGE DIVISIONS & RACE EVENTS

WAKA	DISTANCE	DIVISIONS	GENDER
W1/OC1	5km	Novice/Beginner – Intermediate, J16, J19, Open, Master, Senior Master, Golden Master **Minimum of 5 entries required to constitute race being run**	Boys, Girls, Men & Women
W1/OC1	8km	J16, J19, Open, Master, Senior Master, Golden Master	Boys, Girls, Men, Women
W2/OC2	8km	J16, J19, Open, Master, Senior Master, Golden Master	Boys, Girls, Men, Women, Mixed
W1/OC1	15km	Competent W1 paddlers ONLY! – J19, Open, Master, Senior Master, Golden Master	Men, Women, Mixed
W2/OC2	15km	Competent W2 paddlers ONLY! – J19, Open, Master, Senior Master, Golden Master	Men, Women, Mixed

FEES

PER PERSON BY EVENT (charged **one fee** - Paddler to pay higher fee of events entered).

Event	Cost
Novice/Beginner (Inter and above) – W1 5km	\$20.00
J16 J19 Open - W1/OC1 – 8km	\$20.00
J16 J19 Open – W2/OC2 – 8km	\$20.00
J19 Open & above – W1/OC1 – 15km	\$30.00
J19 Open & above – W2/OC2 – 15km	\$30.00

ONLINE ENTRIES & PAYMENT

- Online entries are to be completed using the Waka Ama Aotearoa NZ online entry system.
- All entries to be completed through your club admin – contact your club admin to process your entry
- No entries on the day, no exceptions
- Entries close on **Wednesday 15 July 2026 at 11.59pm**
- Rosters close on **Thursday 16 July 2026 at 11.59pm** rosters must be completed by close date, no exceptions
- Once entered, payment can be made online to:
 - Te Pou Herenga Waka Ama Club
 - 38-9018-0045902-00
 - Ref: Club | GPMPR | Name & division as your reference.

ONE PAYMENT per club please!

SAFETY REQUIREMENTS

- All waka must be Safety Checked
- **All Intermediate, J16 and Novice paddlers must wear life jackets**
- All Junior (J19) and Senior (Open and above) must have the following safety equipment for their races:
 - PFD - Personal Flotation Device (per person)
 - Bailers
 - Flare or cellphone in waterproof case
 - Spare Paddle - 1 for W1/2
 - Leg leash (for sit on top W1)

INDIVIDUAL & TEAM WAIVERS

- Individual and Team waivers must be completed by all paddlers/teams
- All paddlers U18 must have their waiver signed by their parent/guardian
- Waivers can be sent to ***tepou.wakaama@gmail.com*** or handed in to the registration tent on the day
- Individual & Team waivers can be found on our [event page](#) on the Waka Ama Aotearoa NZ website

CONTACT INFORMATION

- All inquiries please email: ***tepou.wakaama@gmail.com***
- All urgent matters please call: ***Modesty - 02102817686***
- Facebook: <https://www.facebook.com/profile.php?id=100068043198701>
(George Pomama Memorial Regatta)

COURSE MAPS

- Low tide: 07:18 0.6m
- High tide: 13:30 3.9m

Race 1 – 8km course

NOTE: Race starts and finishes at rock wall adjacent to admin area



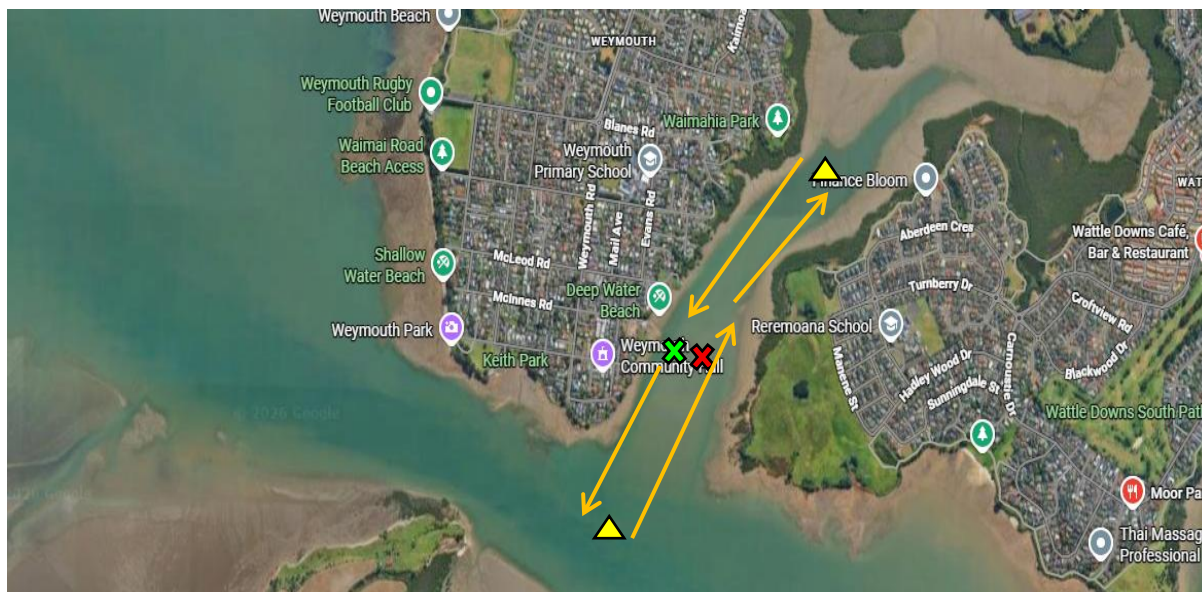
Race 2 – 15km course

NOTE: Race starts and finishes at rock wall adjacent to admin area



5km Novice/Beginner course: Waimāhia Channel

NOTE: Race will commence 15mins after race start of Race #2 (15km course). Start and finish at rock wall adjacent to admin area. Paddlers will complete 1 x loop within the channel.



Due to pending weather warnings our Race Director reserves the right to alter any racecourse or cancel an event to ensure safety of ALL paddlers. This will be advised beforehand at race briefings.

Results

All results will be posted on the day and emailed to WANZ to upload to the event page.

Prize giving

Prize giving will follow the completion of Race 3 after each series event. Certificates and GPMR medals will be awarded to 1st, 2nd, 3rd place for each event and category. (Category must have a min. of 3 entries to be eligible for prizes).

Spot prizes and The George Pomana Memorial Taonga will be awarded to the club or team that epitomise the values of waka ama – Manaakitanga, Whanaungatanga, Hauora, Tū Tangata, Wairuatanga at the conclusion of the series at event 3.

Ngā mihi maioha – We look forward to hosting you all again this year!